

ÉGOÏSTE SPA PARTICIPATES IN THE WORLD-WIDE CELEBRATION OF WELLNESS

ÉGOÏSTE
SPA

Égoïste Spa, located in the spectacular 5* Hotel ME in Barcelona, is participating for the first time in the worldwide celebration of the **World Wellness Weekend**.

ME
BY MELIÀ

This year, World Wellness Weekend brings together 140 countries and 4,000 participating centres. It is also supported by more than 60 professional associations and federations. It has the aim of encouraging groups, associations and federations to organise free, fun and creative wellness activities on the third weekend in September.



WWW is aligned with the United Nations and contributes to Sustainable Development Goal 3 "good health and well-being for all".

Manuel De la Garza, as ambassador of Barcelona, opens the doors of Égoïste Spa inspiring millions of people to make healthy choices by offering a unique and exclusive service to local residents of the city.



The winner of the draw (celebrated through the Instagram social network) will be able to enjoy a unique experience that will leave them totally renewed in an environment of exquisite service and quality.

The "**Égoïste**" massage is this year's chosen treatment, an Author's healing technique based on the circulation of energy combined with a wax massage of an aromatic candle.



Without a doubt, this is a unique opportunity for the local population to enjoy the exclusive services of Égoïste Spa.

The charm of contemporary European lifestyle style is combined with the French Haute Cosmetics of the exclusive and prestigious brand Anne Semonin, making the experience an unforgettable moment.

Among all the treatments available for those who appreciate relaxation, beauty and well-being, we highly recommend the following:

ÉGOÏSTE INTENSIVE CRYOTHERAPY - 1H 25'.

Treat yourself to this tailor-made intensive face and neck treatment with Anne Semonin's Cryotherapy Ice Cubes. Aromatic intensive complexes and serums will stimulate cell renewal to restore a youthful complexion, while a firming and detoxifying algae mask will leave your skin radiant.

"MERVEILLEUSE VINOTHÉRAPIE - 55'.

Anti-ageing body treatment that regenerates the skin. A revitalising exfoliation followed by a nourishing and anti-ageing wrap. A perfect moisturising and rejuvenating body treatment for tired skin.

Indulge Yourself...

For more information:

<https://www.egoistespa.com/es>

<https://world-wellness-weekend.org/es/>

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